

# KAP for Queer Folx: A Ketamine-Assisted Group Therapy Experience

Alex Belser, PhD, ~ June 14, 2025 ~ Midtown East, New York

Brought to you by  INNERMOST

Queer and gender-expansive people have always been experts in transformation—navigating identity, authenticity, and resilience in a world that doesn't always welcome us. Our communities face disproportionate **stress, discrimination**, and higher rates of **mental health struggles**—not because of who we are, but **due to systemic oppression and social rejection**.

**Psychedelic-assisted therapies**, like ketamine (an FDA-approved medication since 1970), can **offer a powerful avenue for healing**. Research shows group ketamine-assisted psychotherapy (KAP) can be **especially effective for LGBTQIA+ individuals**, particularly in affirming, identity-centered settings.

**Group KAP for Queer Folx** is a dedicated program offering ketamine-assisted psychotherapy exclusively for LGBTQIA+ people. **Led by a team specializing in affirming care**, the program provides a safe, supportive space to heal alongside peers. It includes preparation, guided ketamine sessions, and integration support **to foster deep growth and transformation**.

## PROGRAM OVERVIEW

- **Location:** InnerMost headquarters, 222 East 46th Street, New York, NY
- **Led By:** Alex Belser, PhD, clinical scientist & Ppsychologist and Miles Bukiet, LMSW, meditation teacher & psychotherapist, with medical care provided by Casey Paleos, MD
- **Duration:** 30-Minute One-on-One Medical Intake, 45-Minute One-on-One Therapy Intake, 90-Minute Group Preparation Session (In-person), Five-Hour Ketamine Session (In-Person in Midtown Manhattan), & 90-Minute Group Integration Session (Zoom)
- **Cost:** The suggested base cost of the program is \$750, which covers the entire program of intake sessions, the ketamine day-long event, and the integration follow-up. InnerMost is committed to making this program accessible, and are offering a sliding scale cost from \$450 to \$1,125.

## KEY DATES / TIMELINE

- **Prep:** June 12 ~ 6:30pm to 8:30pm (in-person)
- **Ketamine Event:** June 14 ~ 12:00pm to 5:00pm (in-person)
- **Integration:** June 16 ~ 7:00pm to 8:30pm (Zoom)

To reserve your spot, reach out to: [miles@innermost.one](mailto:miles@innermost.one)



INNERMOST

*a non-ordinary state therapy, training, & research center in the heart of New York City*